

**Abstract**

5 An apparatus 10 suitable for aiding survival during outdoor activities, and as a rescue apparatus in the event of an emergency. In particular, the apparatus 10 is suitable for use as a sleeping bag, a blanket, a distress signal indicator, a stretcher, a water catcher, a hammock, a tent, a shelter or a poncho. The apparatus 10 comprises a sheet 12 defined by opposing first and second longitudinal edges 14, 16, and by first and second opposing 10 transverse edges 18, 20. The sheet 12 is substantially bisected by a notional longitudinal mid-line 22 intermediate the first and second longitudinal edges 14, 16. The apparatus 10 also includes at least two pairs of support means 24, 26, which support means 24, 26 enable the apparatus 10 to be supported and carried, in use.